

#empowHER 2024



Agenda

Morning

Activity

Afternoon

Activity

09:00

Welcome

11:45

Lunch

09.25

Workshop 1 -
Uncovering Strengths
Kathryn Wallace

12:25

Workshop 4 -
Mini Cop:
Early Leaders
Rebecca Ward

10.00

Refreshments / Break

1:15

Break

10.10

Workshop 2 -
Self Awareness &
Resilience
Alicia Collinson

1:20

Workshop 5 -
Dream Big
Francesca Aproskie

10:45

Games & Break

2.05

Games & Break

11:00

Workshop 3 -
Taking A Risk
Romy Jackson

2.15

Closing celebration

2.45

Finish



Name: _____

