

#empowHER 2024



Agenda

Morning

Activity

Afternoon

Activity

09:00

Welcome

12:10

Lunch

09.25

Workshop 1 -
Uncovering Strengths
Kathryn Wallace

12:50

Workshop 4 -
Mini Cop:
Early Leaders
Rebecca Ward

10.05

Refreshments / Break

1:45

Break

10.20

Workshop 2 -
Self Awareness &
Resilience
Alicia Collinson

1:50

Workshop 5 -
Dream Big
Francesca Aproskie

11:00

Games & Break

2.40

Games & Break

11:20

Workshop 3 -
Engineering Challenge
& Collaboration
Romy Jackson

3.00

Closing celebration



Name: _____

