



WEEK TWO

QEGS – LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	A freshly prepared seasonal soup served with freshly baked breads and soup toppers				
MAIN COURSE ONE	Smokey BBQ chicken Sub w/ slaw & BBQ sauce	Chicken fajitas w/ crispy peppers & onions	Chicken & vegetable cacciatore pasta	Spicy beef, chickpea & vegetable biryani w/ naan & curry sauce	Creamy fish pie w/ parsley & chive mash
PLANT BASED MAIN COURSE	Spiced falafel sub w/ slaw & minted yoghurt	Sweet potato katsu w/ chunky sweet & sour vegetable sauce	Grilled vegetable cacciatore pasta	Roasted vegetable & butterbean biryani w/ naan & curry sauce	Vegetable & lentil bolognese w/ garlic bread
ON THE SIDE	Waffle fries Green Beans & carrots	Baked parmentier potatoes Braised red cabbage Buttered sweet corn	Broccoli & peas Roasted parsnip & carrot	Red onion & kale pakora Spiced roasted vegetables	Seasonal mixed greens Sweet corn & peas
JACKET POTATO	A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers				
DELI BAR & SALAD SELECTION	A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artisan bakes				
	A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers				
DESSERTS	Apple crumble & creamy custard	Steamed upside down Jam sponge & custard	'BOOST IT' Sweet potato brownie	Zesty orange shortbread fingers	Raspberry traybake
	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots