



QEGS – LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A freshly prepared seasonal soup served with freshly baked breads and soup toppers				
Chicken pad thai w/ crispy vegetables & rice noodles	Loaded pork hot dogs w/ onions, jalapeno & salsa	Beef & tomato lasagne w/ garlic bread	Focaccia style pepperoni pizza slice	Chicken korma curry w/ naan & mango chutney
Slow cooked pork & roasted pepper BBQ pasta	Jamaican jerk chicken w/ jamaican pineapple rice		Savoury minced beef & vegetable yorkies	Beef, lentil & red onion burger in a soft bun
Thai tofu & vegetable noodles	Loaded quorn hotdogs	Baked macaroni cheese w/ garlic bread	Margherita focaccia style pizza slice	Vegetable burger in a soft bun
Seasonal stirfry vegetables	Oven baked wedges Green beans	Broccoli & leeks Sweetcorn	Waffle potatoes Winter vegetable slaw	Herb diced potatoes BBQ beans Cauliflower & greenbeans
A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers				
A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artizan bakes A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers				
Citrus iced bun Fresh cut fruit Dessert & yoghurt pots	'BOOST IT' Chewy chocolate cookie Fresh cut fruit Dessert & yoghurt pots	Apple & berry crumble bar Fresh cut fruit Dessert & yoghurt pots	Lemon Drizzle slice Fresh cut fruit Dessert & yoghurt pots	Banana & toffee traybake Fresh cut fruit Dessert & yoghurt pots
	Chicken pad thai w/ crispy vegetables & rice noodles Slow cooked pork & roasted pepper BBQ pasta Thai tofu & vegetable noodles Seasonal stirfry vegetables A daily choice A Citrus iced bun Fresh cut fruit	Chicken pad thai w/ crispy vegetables & rice noodles Slow cooked pork & roasted pepper BBQ pasta Thai tofu & vegetable noodles Coessert & yoghurt pots Chicken pad thai w/ crispy vegetables arice noodles Loaded pork hot dogs w/ onions, jalapeno & salsa Jamaican jerk chicken w/ jamaican pineapple rice Loaded quorn hotdogs Oven baked wedges Green beans A daily choice of freshly baked jacket potate A daily selection of meat, seaford A daily selection of seasonal mix Citrus iced bun Fresh cut fruit Pessert & yoghurt pots Fresh cut fruit Fresh cut fruit Fresh cut fruit	Chicken pad thai w/ crispy vegetables & rice noodles Chicken pad thai w/ crispy vegetables & rice noodles Chicken pad thai w/ crispy vegetables & rice noodles Loaded pork hot dogs w/ onions, jalapeno & salsa Beef & tomato lasagne w/ garlic bread Baked macaroni cheese w/ garlic bread Coded quorn hotdogs Baked macaroni cheese w/ garlic bread Coded quorn hotdogs Broccoli & leeks Sweetcorn A daily choice of freshly baked jacket potatoes, baked beans, grated chedot A daily selection of meat, seafood & vegetarian filled rolls, bage A daily selection of seasonal mixed compound salads, simple served by crumble bar Citrus iced bun Fresh cut fruit Fresh cut fruit	A freshly prepared seasonal soup served with freshly baked breads and soup toppers Chicken pad thai w/ crispy vegetables & rice noodles w/ onions, jalapeno & salsa Slow cooked pork & roasted pepper BBQ pasta Jamaican jerk chicken w/ jamaican pineapple rice Thai tofu & vegetable noodles Loaded quorn hotdogs Baked macaroni cheese w/ garlic bread Margherita focaccia style pizza slice Margherita focaccia style pizza slice Waffle potatoes winter vegetable slaw A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jamaican pineapple rice A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artizan bake A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppe Citrus iced bun Fresh cut fruit Pessert & vogburt nots Fresh cut fruit Fresh cut fruit