



QEGS – LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	A freshly prepared seasonal soup served with freshly baked breads and soup toppers				
MAIN COURSE ONE	Chicken pad thai w/ crispy vegetables & rice noodles	Loaded pork hot dogs w/ onions, jalapeno & salsa	Beef & tomato lasagne w/ garlic bread	Focaccia style pepperoni pizza slice	Chicken korma curry w/ naan & mango chutney
MAIN COURSE TWO	Slow cooked pork & roasted pepper BBQ pasta	Jamaican jerk chicken w/ jamaican pineapple rice		Savoury minced beef & vegetable yorkies	Beef, lentil & red onion burger in a soft bun
PLANT BASED MAIN COURSE	Thai tofu & vegetable noodles	Loaded quorn hotdogs	Baked macaroni cheese w/ garlic bread	Margherita focaccia style pizza slice	Vegetable burger in a soft bun
ON THE SIDE	Seasonal stirfry vegetables	Oven baked wedges Green beans	Broccoli & leeks Sweetcorn	Waffle potatoes Winter vegetable slaw	Herb diced potatoes BBQ beans Cauliflower & greenbeans
JACKET POTATO	A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers				
DELI BAR & SALAD SELECTION	A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artizan bakes				
	A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers				
DESSERTS	Citrus iced bun Fresh cut fruit Dessert & yoghurt pots	'BOOST IT' Chewy chocolate cookie Fresh cut fruit Dessert & yoghurt pots	Apple & berry crumble bar Fresh cut fruit Dessert & yoghurt pots	Lemon Drizzle slice Fresh cut fruit Dessert & yoghurt pots	Banana & toffee traybake Fresh cut fruit Dessert & yoghurt pots