



QEGS – LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	A freshly prepared seasonal soup served with freshly baked breads and soup toppers				
MAIN COURSE ONE	Chicken & sweet potato Thai massaman curry	Korean spiced beef & vegetable noodles	Spiced chicken shawarma wrap	QEGS classic puff pastry creamy chicken pie	Traditional battered fish w/ tartare sauce & lemon
MAIN COURSE TWO	Slow cooked beef, vegetable & barley hotpot	Cumberland sausage & roasted onion gravy	Mongolian pork w/ green beans & scallions	Lamb & lentil burger w/ pickles & salad	Classic beef & vegetable cottage pie
PLANT BASED MAIN COURSE	Summer vegetable & barley hotpot	Vegetable sausage & roasted onion gravy	Salt & pepper stir-fried mushroom peppers & onion wrap	Moroccan spiced falafel wrap w/ mint yoghurt & slaw	Summer vegetable cottage pie
ON THE SIDE	Lime & coriander rice Seasonal mixed greens	Creamy mash Honey roast vegetables	Garlic & herb roasties Egg fried rice Saute carrots & broccoli	Oven baked wedges Green Beans & peas	Chip shop chips Baked beans & peas
JACKET POTATO	A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers				
DELI BAR & SALAD SELECTION	A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artisan bakes				
	A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers				
DESSERTS	Apple & blackberry crumble w/ custard	Spiced carrot Cake traybake	'BOOST IT' Fruity flapjack	Chocolate & orange cookie	Blueberry & oat muffin
	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots