



QEGS – LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	A freshly prepared seasonal soup served with freshly baked breads and soup toppers				
MAIN COURSE ONE	Chicken korma curry Rice w/ naan & mango chutney	Beef & tomato lasagne w/ garlic bread	Loaded pork hot dogs w/ onions, jalapeno & salsa	Focaccia style pepperoni pizza slice	Chicken pad thai w/ crispy vegetables & rice noodles
MAIN COURSE TWO	Penne Pasta with Salmon Broccoli & Pea Creme fraiche		Jamaican jerk chicken w/ jamaican pineapple rice	Savoury minced beef & vegetable yorkies	Beef Barley & Vegetable casserole & New Potatoes
PLANT BASED MAIN COURSE	Creamy Sweet potato Pasta	Baked macaroni cheese w/ garlic bread	Loaded quorn hot dogs	Margherita focaccia style pizza slice	Quorn Barley & Vegetable Casserole
ON THE SIDE	Wilted Greens	Broccoli Sweetcorn	Oven baked wedges Bbq Beans	Waffle potatoes Greenbeans & Cauliflower	Baton Carrots Seasonal stirfried vegetables
JACKET POTATO	A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers				
DELI BAR & SALAD SELECTION	A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artizan bakes				
	A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers				
DESSERTS	Cherry & Apple Crumble & Custard	Baked white & dark chocolate ripple cake	"Boost it" Courgette & Lime Cake	Spiced stem ginger cookie	Apple Sultana & Cinnamon Strudel
	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots	Fresh cut fruit Dessert & yoghurt pots