



QEGS – LUNCH MENU

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------|--|--|---|--|--|
| SOUP | A freshly prepared seasonal soup served with freshly baked breads and soup toppers | | | | |
| MAIN COURSE ONE | Smokey BBQ chicken Sub w/ slaw & BBQ sauce | Crispy pork & lentil schnitzel w/ creamy gravy | Chicken & vegetable cacciatore pasta | Spicy beef & vegetable biryani w/ naan & curry sauce | Creamy fish pie w/ parsley & chive mash |
| MAIN COURSE TWO | Smoked ham & leek pasta bake w/ garlic bread | Chicken fajitas w/ crispy peppers & onions | Lamb, lentil & spinach shepherd pie | Pork meatballs & pasta w/ tomato & basil sauce | Spaghetti bolognese w/ garlic bread |
| PLANT BASED MAIN COURSE | Three cheese macaroni bake w/ garlic bread | Sweet potato schnitzel w/ creamy gravy | Grilled vegetable cacciatore pasta | Roasted vegetable biryani w/ naan & curry sauce | Vegetable & lentil bolognese w/ garlic bread |
| ON THE SIDE | Waffle fries Green Beans & sweetcorn | Baked parmentier potatoes Broccoli & parsnips | Balsamic roast carrots Garden peas | Spiced roasted summer vegetables | Broccoli florets Sweetcorn |
| JACKET POTATO | A daily choice of freshly baked jacket potatoes, baked beans, grated cheddar, tuna mayonnaise & other jacket toppers | | | | |
| DELI BAR & SALAD SELECTION | A daily selection of meat, seafood & vegetarian filled rolls, baguettes, soft subs & artizan bakes | | | | |
| | A daily selection of seasonal mixed compound salads, simple salads, dressings & salad toppers | | | | |
| DESSERTS | Cappuccino sponge w/ chocolate sauce | Classic rice pudding w/ summer fruit compote | 'BOOST IT' Sticky squash & ginger traybake | Anzac golden oat biscuit | Sticky toffee & date sponge w/ toffee sauce |
| | Fresh cut fruit Dessert & yoghurt pots | Fresh cut fruit Dessert & yoghurt pots | Fresh cut fruit Dessert & yoghurt pots | Fresh cut fruit Dessert & yoghurt pots | Fresh cut fruit Dessert & yoghurt pots |